

## Foundations for Health

Lynne's favorite recipe websites:

[chocolatecoveredkatie.com](http://chocolatecoveredkatie.com)

[thegirlwhowentpaleo.blogspot.com](http://thegirlwhowentpaleo.blogspot.com)

[againstallgrain.com](http://againstallgrain.com)

[rawfoodlove.blogspot.com](http://rawfoodlove.blogspot.com)

[paleoeffect.com](http://paleoeffect.com)

[foodrenegade.com](http://foodrenegade.com)

[paleoonmain.blogspot.com](http://paleoonmain.blogspot.com)

[eleanaspantry.com](http://eleanaspantry.com)

[thepunkycoconut.com](http://thepunkycoconut.com)

[mybigfatgrainfreelife.blogspot.com](http://mybigfatgrainfreelife.blogspot.com)

[wholeliving.com](http://wholeliving.com)

[glutenfreegoddess.blogspot.com](http://glutenfreegoddess.blogspot.com)

[cleangreensimple.com](http://cleangreensimple.com)

[glutenfreefix.com](http://glutenfreefix.com)

[wholenewmom.com](http://wholenewmom.com)

[maximizedliving.com](http://maximizedliving.com) - click on the Nutrition and Detox tab, then Recipes